

M.D. (Hom.) PART - I SYLLABUS
PSYCHIATRY
[SPECIALITY SUBJECT]

INTRODUCTION:

Purpose of M.D. (Homoeopathy) - Psychiatry Course:

The purpose of this course is to train the basic Homoeopathic graduate in the field of psychiatry, and to treat the psychiatric ailments depending upon the principles and philosophy of Homoeopathy, and also train them in counseling and behavioral therapy to ensure health citizens in the present hectic and stressful conditions of the society.

The "Homoeopathic Psychiatrist" shall:

- 1) Have the confidence to assess and manage the patients with mental illness and in cases of severe illness or crisis manage it till such time as hospitalization in critical care unit may be found.
- 2) Have high degree of proficiency both in the theoretical and practical aspects of psychiatry and related disciplines backed by scientific knowledge and philosophy of Homoeopathy.
- 3) Have the knowledge to ask for and interpret relevant diagnostic procedures and provide necessary therapeutic or other assistance on the basis of results of such procedures.
- 4) Have a caring attitude and sympathy towards the needy and maintain high moral and ethical standards.

Aims:

- 1) To recognize the need of social health care of the mentally ill in the spirit of Organon of Medicine.
- 2) Shall obtain competency in providing spiritual health to the needy so as to achieve a permanent restoration of health (as quoted in Organon of Medicine).
- 3) Shall obtain the communicative and interpersonal skills to communicate and interact with health care team.
- 4) Shall adopt a scientific temper and unbiased approach to augment self-knowledge to improve the quality of treatment throughout the professional life.
- 5) To develop an open mind updates him/ her self by self-study attending courses, conferences and seminars relevant to the specialty.
- 6) Shall be able co-ordinate the recent advance in science with his knowledge of Homoeopathy so as to reflect better art of healing?

General objectives:

1. To recognize the importance of social, mental, spiritual health and its adaptability in the context of health while practicing Homoeopathy.
2. To practice psychiatry ethically and instep with principals of health care and the philosophy of Homoeopathy.
3. To describe etiology, patho-physiology, principles of diagnosis, miasmatic analysis and management of common psychiatric problems in adults and children with the knowledge of homoeopathic principles and therapeutics.
4. Under take audit, use information technology tools and carry out research both basic and clinical with the objective of publishing his work and presenting of various scientific flora by which our fellow Homoeopaths can be benefited.
5. To demonstrate empathy and "holistic" approach towards mentally ill and exhibit interpersonal behaviour in accordance with expectations of society.

6. To play responsible role in implementation of National Health programmers effectively.
7. To plan and advice preventive and primitive measures in the rehabilitation of imbecile.

The subject of Psychiatry is relatively new in the Homoeopathic syllabus and hence needs a detailed elaboration.

The Syllabus of **Part I** starts with aspects of Normal behaviour relevant to the Homoeopathic clinician, proceeds to examine the different prevalent models of Mental health, switches over to study of Abnormal behaviour and the causative factors, commences the clinical study with an in-depth examination of Psychopathology and Psychiatric Symptomatology, considers the rationale of Modern Diagnostic symptoms comparing with the Homoeopathic approach to understanding mental illness and finally culminates into Investigation methods commonly employed in Psychiatry. This will equip the homoeopathic postgraduate with clinical tools to commence the clinical studies in the Part II.

Part II-

Paper I deals with Clinical Psychiatry pertaining to adults and children and attempts to understand the relative place of Homoeo-therapy in the light of Standard acceptable Psychiatric therapies. **Paper II** deals with aspects of Psychiatry where the application of Homoeo-therapy is in the early stages viz. Emergency Psychiatry, Psycho-physiological disorders, Community Psychiatry and Preventive Psychiatry. It also explores the various ancillary measures useful in the treatment of Psychiatric disorders including psychotherapies and attempts to examine the integration of Homoeopathy with Psychotherapy. The study culminates with an understanding of Legal aspects of Psychiatric practice and considerations of the Mental Health Bill.

PART – I

In addition to UG Syllabus from Medicine, the following topics shall be taught in detail:

Basic Disciplines relevant to understanding Psychiatric Illnesses:

A. Study of Normal Behaviour:

1. Basic psychological processes - Cognition, Affect and Conation and their neural basis
2. Evolution and its effect on understanding the traits, emotional and social behavioural characteristics of the human being.
3. Psycho-social development and maturation from childhood to old age-normal characteristics and the relevance to a Homoeopathic clinician
4. Socio-economic, community, religious and cultural determinants of behaviour and their reflections on community susceptibility
5. Personality as an integrated expression of the aspirations of the human being. Theories of Personality relevant to a Homoeopathic clinician

B. Models of Mental Health and the Principles and Practice of Mental Hygiene

C. Abnormal Behaviour and its Causes

1. Biological-Genetic, Intrauterine and Neurobiological factors
2. Nutritional
3. Psychological-Life events
4. Socio-cultural context

D. Psychopathology and Psychiatric Symptomatology-elicitation, identification and differentiation of signs and symptoms

1. Disturbances of Thinking
2. Disturbances of Perception
3. Disturbances of Mood
4. Disturbances of Consciousness
5. Disturbances of Memory
6. Disorders of Language
7. Disorders of Will
8. Disturbance of Judgement
9. Disorder of Self
10. Somatic Disturbances in Psychiatric Illnesses
11. Disturbances of Behaviour and Motor activity
12. Disturbances of Interpersonal relationships

E. Classification of Psychiatric Disorders-Principles and Systems viz. DSM/ICD Systems; Homoeopathic approach

Comprehensive and holistic approach to the classification integrated with the Homoeopathic approach as enunciated in the Organon of Medicine

F. Clinical approach to the understanding of Psychological disorders:

Principles and Operational guidelines of the Psychiatric interview for adults and children

G. Utility of Lab Investigations in the Diagnosis of Neuro Psychiatric illnesses:

Pathological, radiological and EEG

H. Principles of Psychological Tests and their Clinical Interpretation:

Tests of intelligence, Cognitive functions and Personality