

**Note :- For MD (Hom.) Part-II Examination there shall be only main Specialty subject and no Subsidiary Subject.**

## **M.D. (Hom.) PART II SYLLABUS PSYCHIATRY**

### **INTRODUCTION:-**

Part II of the academic programme covers the clinical-homoeopathic integration in understanding of the different psychiatric conditions. Simultaneously, the Philosophical principles underlying the treatment of these conditions, the commonly indicated Materia Medica pictures (along with therapeutics) and the Repertorial approach and effective use of the different Repertories which deal with the mental conditions needs to be delineated.

**Paper I** deals with Clinical Psychiatry pertaining to adults and Psycho-physiological disorders  
**Paper II** deals with Child Psychiatry and aspects of Psychiatry where the application of Homoeotherapy is in the early stages viz. Emergency Psychiatry, Community Psychiatry and attempts to understand the relative place of Homoeotherapy in the light of Standard acceptable Psychiatric therapies and Preventive Psychiatry. It also explores the various ancillary measures useful in the treatment of Psychiatric disorders including psychotherapies and attempts to examine the integration of Homoeopathy with Psychotherapy. The study culminates with an understanding of Legal aspects of Psychiatric practice and considerations of the Mental Health Bill, 2017.

### **Aims and Objectives: -**

The programme is being drawn up with the following **objectives** in mind:

1. Broaden the perspectives of the student of Homoeopathic psychiatry to the different concepts of Mental Health and practices in the East and the West to enable their usage in clinical, academic and research work.
2. Provide opportunities for acquiring clinical competence in recognizing, diagnosing and managing common psychiatric clinical conditions seen in mental health practice
3. Acquire a perspective of Homoeopathic psychiatry through academic discussion of the clinical experiences studied on a pre-designed format.
4. Integrating knowledge of clinical psychiatry with Materia Medica pictures so that the therapeutics of the different clinical conditions with differential Materia Medica may be applied at the bedside.
5. Understand the role of the Repertory and the meaning/importance of the rubrics of the mind in clinical work
6. Extend the application of the above knowledges in the fields of Community Psychiatry and Psychophysiological disorders.
7. Become aware of the importance of contribution of data from psychological testing and social investigation in the psychodiagnostic work.
8. Know the principles of psychotherapy and counseling and their application for different clinical conditions.
9. Recognize the limitation and application of the allopathic and homoeopathic system of medicines in the treatment of clinical psychiatric conditions
10. Acquire a nodding acquaintance of Legal and Forensic Psychiatry

Typical method of carrying out an integrated study of any clinical condition should follow the pattern laid down below. There would be variations based upon the data available in the field with respect to Homoeopathy.

## **FOLLOWING ARE THE CLINICAL GUIDELINES FOR EACH TOPIC**

### **1) Definition with Hahnemannian classification of disease**

Introduce the disease condition with its definition; nature of illness; history of the particular illness; impact on society-urban and rural, nation and the world.  
Classify according to Hahnemannian classification.

### **2) Review of the Homoeopathic literature**

Give a short review of the available homeopathic literature of the condition.

### **3) Predisposition:**

Outline the Epidemiology- worldwide, continents, nations, regions, races, urban and rural distribution, etc.

Present the data on communities affected, the family predisposition and genetic propensities. Mention the disposition, i.e. the personality types, which are known to suffer from this disease.

Work out the fundamental miasm.

Discuss mass susceptibility where applicable and its impact on individuals.

### **4) Causation and modifying factors:**

Along with the fundamental causes as mentioned above, the exciting, maintaining causes need to be studied both at the level of Man (mind and body) and environment (all the causes including microorganism, where applicable) keeping in mind that all developments are after all the play of susceptible constitutions.

### **5) Pathogenesis, Pathology, Clinicopathological and miasmatic correlations with pathological end result**

Describe the prodrome, functional and structural phase of the disease in full where applicable.

Delineate where applicable, the host and organism response

The clinical expressions (Forms) are to be understood as reflections of Structural and Functional changes induced by the disease force evolving over a period of Time. The evolving miasmatic state should be stated with the implications of Dominant miasm. This should be followed by a discussion of known pathological end results with complications and sequelae.

### **6) Classification and evolution of disease according to varying expressions of susceptibility:**

All diseases evolve in time and run their course. The same disease also runs its course in different ways in different individuals. Text books classify them as types, but homeopathically they are the differential expressions of susceptibility. One needs to clearly define the qualitative and quantitative aspects of susceptibility. The focus will be on the psycho-neuro-endocrine and immunological understanding.

**7) Case taking, examination, investigation and approach to clinical diagnosis:**

Put down the special care to be taken in case taking and examination process and the findings relating with the stage, state and miasm. Also, should be included all the investigations and the expected findings relating with the stage, state and miasm.

**8) Differential diagnosis:**

State the differential indications for the diagnoses that may be entertained given a certain form of presentation

**9) Management-General and Homoeopathic:**

Base this on the assessment of susceptibility carried out on the basis of the information gathered through the clinical processes.

a. General Management

It includes diet, exercises, ancillary measures (including surgical where indicated), education and counseling/orientation of the patient and the family.

b. Standard management:

Here give the accepted strategies of management including the scope and limitations of the approach

c. Principles of Homoeopathic management:

- i. Scope and limitations: Curative and palliative
  - ii. Role of different forces: Acute, Phase, Specific, Chronic and Intercurrent remedial forces
  - iii. Potency and repetition: Discuss factors of susceptibility which will influence potency selection in individual disease and suggest range of potencies and repetition schedules most likely in acute and chronic phases of managements.
  - iv. Follow up management: Present general guidelines of what to observe in the follow up. The criteria for improvement and criteria for worsening based on assessment of susceptibility. Also put down any important causation or any caution while dealing with the condition from the Homoeopathic perspective, Hering's law and its application.
- d. Add, where applicable, a note on the multidisciplinary approach and the advantages, if any.

**10) Common repertorial rubrics related to the condition:**

Here the student should present the approach to the Materia Medica through the repertory. The important rubrics which can come up for consideration should be listed.

**11) Materia Medica:**

Commonly indicated acute remedies, chronic, constitutional and intercurrent with their indications in terms of causation, evolution, clinico-pathological and miasmatic understanding along with the indications in stage and state of disease. Differential Materia Medica also may be considered.

## **12) Prognosis**

Discuss epidemiological prognosis

Non interventional natural prognosis

Homeopathic prognosis based on understanding of susceptibility and miasms

## **13) Future advances:**

- a. Add a note on the scope of knowledge generation in the current illness
- b. Directions for Research

### **Paper I - 100 Marks**

#### **Application of Homoeopathy in Adult Psychiatry**

The emphasis will be on an integrated understanding of the clinical presentation of various Psychiatric disorders as described above with the Homoeopathic approach and the scientific application of Homoeopathic therapy. The DSM V has been used as a base to classify the clinical conditions. ICD 10 is in current use but will be replaced by ICD 11 shortly and will be the basis.

#### **A. Adult Psychiatry**

1. Schizophrenia spectrum and other psychotic disorders
2. Bipolar and related disorders
3. Depressive disorders
4. Anxiety disorders
5. Obsessive compulsive and related disorders
6. Trauma and stress related disorders
7. Dissociative Disorders
8. Somatic symptoms and related disorders
9. Sleep-wake disorders
10. Sexual dysfunctions
11. Gender dysphoria
12. Substance related and addictive disorders
13. Paraphilic disorders

#### **B. Neurocognitive disorders**

1. Dementias
2. Delirium
3. Episodic and paroxysmal disorders

#### **C. Disorders of adult personality and behavior**

1. Paranoid personality disorders
2. Schizoid personality disorders
3. Schizotypal personality disorders
4. Antisocial personality disorders
5. Borderline personality disorders
6. Histrionic personality disorders

7. Narcissistic personality disorders
8. Avoidant personality disorders
9. Dependent personality disorders
10. Obsessive compulsive personality disorders
11. Personality changes due to other medical conditions

#### **D. Psycho-physiological disorders**

1. Cardiovascular disorders
2. Gastrointestinal disorders
3. Obesity
4. Respiratory Disorders
5. Endocrine disorders including Diabetes
6. Musculoskeletal disorders
7. Psycho-cutaneous disorders
8. Psycho-Oncology
9. Death, Dying and Bereavement

### **PAPER - II MARKS - 100**

#### **Child psychiatry and Application of Homoeopathy in various fields of Psychiatry**

These comprise of the fields which are emerging in Psychiatry and in which there has been none or very little application of the Homoeopathic approach. Hence an exploration here will cover new ground and will establish the role of Homoeopathy in these conditions

#### **A. Behaviour disorders of Infancy, Childhood and Adolescence**

1. Neurodevelopmental Disorders
  - a) Intellectual disabilities
  - b) Communication disorders
  - c) Autism spectrum disorders
  - d) Attention-deficit/Hyperactivity disorders
  - e) Specific learning disorders
  - f) Motor disorders
2. Feeding and eating disorders
3. Disorders of Elimination
4. Disruptive, impulse-control and conduct disorders
5. Separation Anxiety disorders

#### **B. Emergency Psychiatry**

1. Suicidal attempts
2. Other Psychiatric emergencies e.g. aggression, panic conditions, substance withdrawal or substance intoxication

#### **C. Community Psychiatry**

1. Study of Psychiatric epidemiology
2. Community Mental Health-definition and approach

3. Mainstreaming Psychiatric care in the Community Health centres
4. National and District Mental health Programmes
5. Role of Homoeopathy in Mental Health Programmes and in Rehabilitative care of target populations
6. Access of Public to Homoeopathy in Mental Health Programmes
7. Role of Homoeopathic Psychiatrist in Community Mental health team

**D. Evaluation of Standard Biological approaches and Homoeopathic treatment in Psychiatric disorders of Adults and Childhood**

1. Psychotropic medication: their role and common side effects
2. Brain stimulation
3. Neurosurgical treatments
4. Homoeopathic Approach to the management of acute and chronic psychiatric conditions
5. Comparative evaluation of the Homoeopathic approach with the Standard approaches.

**E. Preventive and Promotive Psychiatry**

1. Mental Health Promotion-principles and operational issues
2. Preventive aspects of Psychiatric illness
3. Role of Homoeopathy in preventing psychiatric illness and promoting mental health

**F. Integration of Homoeopathy with Psychological treatments**

1. Individual Psychotherapies-Psychoanalytical, Short term, Hypnosis
2. Group Therapy
3. Family and Couple Therapy
4. Cognitive therapy
5. Behaviour therapy
6. Combined Homoeopathy and Psychotherapies

**G. Legal aspects of Practice of Psychiatry**

1. Confidentiality of Patient-Psychiatrist communication
2. Testamentary Capacity
3. Malpractice
4. Criminal Responsibility
5. Child Custody
6. Mental Health Act, 2017
7. Role and safety of Homoeopathy in the treatment of the mentally ill

List of Recommended Reference Books for Psychiatry.

PSYCHOLOGY AND CLINICAL PSYCHOLOGY

1. Morgan and King: Introduction to Psychology. Pub: McGraw Hill and Co.
2. Freeman Frank: Theory and Practice of Psychological Testing: Oxford and IBH Pub Co.
3. Walshe Kevin: Understanding Brain Damage
4. Selye Hans: Stress without Distress
5. Maslow Abraham (Ed): New Knowledge in Human Values Pub: Harper and Row
6. Whitmont Edward: The Symbolic Quest. Basic Concepts in Analytical Psychology

## NEUROLOGY

1. De Jong Russell: The Neurologic Examination: Incorporating the fundamentals of Neuroanatomy and Neurophysiology. Pub: Harper and Row Publishers, Hagerstown
2. Walton John: Brain's Diseases of the Nervous System. Pub: Oxford Univ. Press
3. Adams Raymond: Principles of Neurology. Pub: McGraw Hill Inc.
4. Patten John: Neurological Differential Diagnosis. Pub: Narosa Publishing House
5. Walshe Kevin: Neuropsychology: a Clinical Approach Pub: Churchill Livingstone

## CLINICAL PSYCHIATRY

1. Kaplan and Friedman: Comprehensive Textbook of Psychiatry – 2 Volumes. Pub: Lippincott Williams and Wilkins
2. Hamilton Max: Fish's Clinical Psychopathology
3. Lipowski Z. J. et al: Psychosomatic medicine: Current trends and Clinical Applications
4. Namboodri VMD: Clinical methods in Psychiatry. Pub:
5. Carson R. C. Et al: Abnormal Psychology and Modern Life Pub: Longman
6. Vyas J. N. and Ahuja Niraj: Textbook of Postgraduate Psychiatry – 2 Volumes Pub: Jaypee Brothers Medical Publishers Pvt. Ltd., New Delhi
7. Lishman V. A.: Organic Psychiatry 2<sup>nd</sup> Edition. Pub: Blackwell Scientific Publishers
8. American Psychiatric Association: Diagnostic and Statistical manual of Mental Disorders – V Edition. Pub: APA
9. WHO: International Classification of Neurological and Mental Diseases: 10<sup>th</sup> edition

## PSYCHOTHERAPY

1. Wolberg Lewis: Handbook of Psychotherapy – 2 Volumes Pub: Grune and Stratton

## HOMOEOPATHY

1. Hahnemann S.: Organon of Medicine
2. Hahel S: Life of Hahnemann – 2 Volumes
3. Dhawale M. L.: ICR Symposium Volume on Hahemannian Totality 3 Volumes  
Pub: ICR Symposium Council, Mumbai
4. Kent J. T.: Lesser Writings
5. All standard repertories
6. Special Repertories of the Mind-Herring, Chitkara
7. Commentaries on Materia Medica
8. Whitmont E.: Psyche and Substance. Pub: Crescent Book Agency

## List of Recommended Reference Books for Homoeopathic Philosophy

- 1) S. Hahnemann - Organon of Medicine-5<sup>th</sup> and 6<sup>th</sup> Edition, B. Jain Publisher, NewDelhi.
- 2) S. Hahnemann-Chronic Diseases, B. Jain Publisher, NewDelhi.
- 3) J. T. Kent—Lectures on Homoeopathy Philosophy, B. Jain Publisher, NewDelhi.
- 4) B. K.Sarkar, - Commentary on Organon of Medicine, Published by Bhattacharya and Company Pvt. Ltd., 73, Netaji S. road, Calcutta.
- 5) H. A. Roberts - The Principles and Art of Cure by Homeopathy, B. Jain Publisher, New Delhi.

- 6) Stuart Close - Genius of Homoeopathy, B. Jain Publisher, NewDelhi.
- 7) M. L. Dhawale, - Principles and Practices of Homoeopathy, Indian Books and Periodicals Publishers, NewDelhi.
- 8) C. M. Boger - Studies in the Philosophy of healing, B. Jain Publisher, NewDelhi.
- 9) J. H. Allen-Chronic Miasms, B. Jain Publisher, NewDelhi.
- 10) Richard Hael; Life of Hahnemann, B. Jain Publisher, NewDelhi.

### **List of Recommended Reference Books for Materia Medica**

#### **(Including Applied Aspects):**

1. S. Hahnemann – Materia Medica Pura Vol I & II, Jain Publishers, New Delhi.
2. S. Hahnemann –Chronic Diseases Vol I & II, Jain Publishers, New Delhi.
3. T. F. Allen – Encyclopedia of Homoeopathic Materia Medica, Vol 1 to 12, B. Jain
4. C. Hering – Guiding Symptoms of Homoeopathic Materia Medica, B. Jain Publisher, New Delhi.
5. J.T. Kent – Lectures of Homoeopathic Materia Medica, B. Jain Publisher, New Delhi
6. M. L. Tyler – Drug Pictures of Homoeopathic Materia Medica, B. Jain Publisher, New Delhi
7. E. A. Farrington – Clinical Materia Medica, B. Jain Publisher, New Delhi
8. E. A. Farrington – Comparative Materia Medica, B. Jain Publisher, New Delhi
9. N. M. Choudhary -Materia Medica, B. Jain Publisher, New Delhi
10. C. M. Boger – Synoptic Key, B. Jain Publisher, New Delhi
11. H. C. Allen – Keynotes of Homoeopathic MateriaMedica, B. Jain Publisher, New Delhi
12. W. Boericke – Clinical MateriaMedica, B. Jain Publisher, New Delhi
13. Clarke – Dictionary of Homoeopathic MateriaMedica, B. Jain Publisher, New Delhi
14. Vermulein – Prisma
15. T. F. Allen – Nosodes

### **List of Recommended Reference Books for Repertory**

1. J. T. Kent - Repertory of the Homoeopathic Materia Medica, B. Jain Publisher. New Delhi.
2. Fredrick Schroyans - Synthesis Repertory, B. Jain Publisher, New Delhi.
3. Robin Murphy - Homoeopathic Medical Repertory, Indian Books and Periodicals Publishers, KaroiBagh, New Delhi.
4. C. M. Boger-Boenninighausen's Characteristics and Repertory, B. Jain Publisher, New Delhi.
5. S. R. Phatak - Concise Repertory of Homoeopathy, B. Jain Publisher, New Delhi.
6. Zandorvoot, Roger: Complete Repertory.