

- 1) **Title of the course** - FELLOWSHIP COURSE IN LASERS IN DENTISTRY.
- 2) **Duration of the course**- 1 year or as per University rules and regulations
- 3) **Course contents/ syllabus –**

1. Laser fundamentals
2. Introducing lasers into the dental practice
3. Lasers in Periodontics
4. Lasers in Oral surgery for the general practitioner
5. Lasers in Implant Dentistry
6. Lasers in fixed prosthetic and cosmetic reconstruction
7. Lasers in removable prosthetic reconstruction
8. Lasers in Endodontics
9. Lasers in Restorative Dentistry
10. Lasers in pediatric Dentistry
11. Soft tissue lasers in orthodontics
12. Low level lasers in dentistry
13. Laser practice management
14. Research work in lasers
15. Examination – Theory and Clinical

#### 1 - LASER FUNDAMENTALS – 20 DAYS

Fundamentals of laser  
Delivery systems for laser  
Spot size  
Emission modes  
Mechanism of action of laser  
Laser safety  
Laser regulatory agencies  
Benefits and draw backs of dental lasers  
Lasers in Dentistry: Now and in the future

#### 2 - INTRODUCING LASERS INTO THE DENTAL PRACTICE

Details of the cost of the laser equipment  
Selection criteria  
Cost for treatment planning  
Types of lasers in the application in clinical practice  
Maintenance of laser equipment  
Diagnosis and treatment planning

### 3 - LASERS IN PERIODONTICS

#### Laser assisted non-surgical periodontal therapy

- Treatment objectives of soft tissue lasers
- Sulcular debridement with fibreoptic laser delivery
- Sulcular debridement with CO<sub>2</sub> laser
- Postoperative care
- Healing and tissue rehabilitation
- Complications and adverse reactions
- Documentations
- Adjunctive chemotherapeutics
- Treating periimplant mucositis and periimplantitis
- Gingivitis
- Full mouth debridement
- Periodontitis
- Full mouth disinfection therapy
- Expanded periodontal infection therapy
- Supportive periodontal therapy

#### Lasers in surgical periodontics -

- Gingivectomy
- Frenectomy
- Mucogingival surgery
- Crown lengthening
- Periodontitis
- Periodontal surgery
- Regeneration
- Lasers in flap procedures
- Lasers in treating the failing implant
- Periimplantitis

### 4 - LASERS IN ORAL SURGERY FOR THE GENERAL PRACTITIONER

#### Laser techniques and procedures

- Incision/Excision techniques and procedures
- Biopsy procedure
- Ablation/vaporization techniques and procedures
- Lesion treatment
- Inflammatory conditions
- Dental implants
- Laser applications in clinical practice
- Osteotomy
- Block graft procedure
- Uncovering implants
- Mucositis and periimplantitis

### 5 - LASERS IN IMPLANT DENTISTRY

Future of lasers in implant dentistry

## 6 - LASERS IN FIXED PROSTHETIC AND COSMETIC RECONSTRUCTION

Laser wavelengths for cosmetic/prosthetic procedures  
Crown lengthening procedures  
Hard tissue ovate pontic site formation  
Laser depigmentation  
Laser bleaching

## 7 - LASERS IN REMOVABLE PROSTHETIC RECONSTRUCTION

Typical laser removal of epulis fissuratum  
Vestibuloplasty  
Tuberosity reduction  
Alveolar ridge abnormalities  
Soft tissue abnormalities

## 8 - LASERS IN ENDODONTICS

Pulp diagnosis (Laser Doppler Flowmetry)  
Pulp capping and pulpotomy  
Cleaning and disinfecting the root canal system  
Photon induced photoacoustic streaming  
Photo activated disinfection  
Obturation of the root canal system,  
Endodontic retreatment  
Apical surgery

## 9 - LASERS IN RESTORATIVE DENTISTRY

Caries removal: Background and debate  
Instrumentation and lasers  
Laser photonic energy – hard tissue interaction  
Laser use vs conventional instrumentation  
Lasers in cavity preparation  
Lasers in caries diagnosis  
Laser caries prevention

## 10 - LASERS IN PEDIATRIC DENTISTRY

Soft tissue procedures  
Hard tissue procedures

## 11 - SOFT TISSUE LASERS IN ORTHODONTICS

Orthodontic Adjustment or temporomandibular joint discomfort  
Choice of soft tissue lasers in orthodontics  
Types of procedures

## 12 - LOW LEVEL LASERS IN DENTISTRY

Therapeutic lasers  
Low level (photobiostimulating) laser therapy